



**Sexually Transmitted Infections
Foundation Course**

- STIF CORE
- STIF PLUS

**Updated and Revised
Courses from the British
Association for Sexual
Health and HIV (BASHH)**

STIF CORE: 13th May 2017

STIF PLUS: 14th May 2017
at

**The Catherine Mc Auley Centre,
21 Nelson Street, Dublin 7**

COURSE DIRECTOR:
Dr Lambert & Dr Low

COURSE ORGANISER:
Gordana Avramovic
Tel +00353 1 716 4562
gavramovic@mater.ie

(on behalf of BASHH)

The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting. Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.

It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending.

This will entail around 8-12 hours of study depending on your experience. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences.

The outline programme is attached.

For further information please visit <http://www.bashh.org>

This is a multi-disciplinary course and applications are invited from:

Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology and ophthalmology), pharmacists, school nurses.

Course fee (includes Breakfast, Tea break & Lunch)

STIF CORE €180 (early bird €160),

STIF-PLUS €180 (early bird €160),

BOTH DAYS €360 (early bird €300),

To reserve a place, please return the tear-off slip below, with a cheque made payable to "Dr Lambert ID practice"

It is also possible to pay by transfer upon request.

ALL APPLICATIONS SHOULD BE

RETURNED BY 6th May 2017

Details of the e-learning modules and a Course Pack will be sent to you nearer the time with your receipt.

FFPRHC Approved

Sexually Transmitted Infections Foundation Course

13th & 14th May 2017

Catherine Mc Auley Centre, 21 Nelson street, Dublin 7, Ireland

Title _____

Name _____

Present Post _____

Mailing Address for your course pack:

Daytime Telephone contact: _____

E-mail _____

Please indicate the days which you wish to attend:

☐ DAY ONE (STIF CORE)

☐ DAY TWO (STIF PLUS – assumes attendance on a STIF Course in last 3 years)

☐ BOTH DAYS

Any Special Needs? (Please specify) _____

***Please return completed application to
Gordana Avramovic, Catherine Mc Auley Centre, 21 Nelson Street, Dublin 7,
Ireland***

Tel: +353 1 716 4562

E-mail: gavramovic@mater.ie

Aim of STIF FOUNDATION course

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs. By the end of the course you should be able to:

Knowledge

- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

Skills

- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

Attitudes

- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management.
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/prevention counselling
- demonstrate an understanding of how one's personal beliefs could affect the consultation

Day 1 (STIF CORE):

Programme timings may change

- 08.45 Registration and coffee
09:00 Welcome, introduction – Sexual health provision
09:10 Session – Sexual History Taking and Practice
09.50 Session – Swabs and Tests
Coffee
10.50 Session – Partner Notification; why it matters and how to signpost
11.35 Session – HI V Testing
Lunch
14.00 Small Group Workshops
- Sexual Health Promotion, Risk reduction, Prevention
 - Genital sores
 - Vaginal discharge
 - Young People and Sexual Health

Day 2 (STIF PLUS):

Programme timings may change

- 09:00 Coffee and registration
09:00 Welcome
09:15 Session – HIV diagnosis – HIV in primary care
10.15 Session- Sexual Assault and Abuse
Coffee
11.15 Session – Viral Hepatitis
12.00 Small Group Workshops x 2
Lunch
14.00 Small Group Workshops x 2
Tea
15.45 Session – STIs in Pregnancy
16:30 Session - Syphilis
17.15 Meeting with mentors
17.30 Close

SMALL GROUP WORKSHOPS

- Male Dysuria, Testicular Pain and Testicular Lumps
- Conditions affecting genital skin
- Female Pelvic Pain
- Gay, bisexual and other MSM

STIFCOMPETENCYPROGRAMME

Having attended the STIF Foundation course, you may be interested in registering for STIF Competency workplace training and assessment which provides a nationally recognised training and assessment qualification in sexual health. It is a modular competency-based training and assessment package for non-specialist and specialist healthcare professionals requiring skills development to manage people with sexually transmitted infections. Trainees successfully completing the competencies are registered on the national STIF *Competency* database of accredited healthcare professionals. www.stif.org.uk